## FOR: CONTINUATION OF THE GOVERNOR'S COUNCIL ON PHYSICAL FITNESS AND SPORTS

## TO ALL WHOM THESE PRESENTS MAY COME, GREETINGS:

- **WHEREAS**, there is a need for more men, women and children in Indiana to engage in regular physical activity; and
- **WHEREAS**, regular physical activity provides numerous benefits to the health and well-being of persons of all ages; and
- **WHEREAS**, regular physical activity can help to prevent health problems such as coronary heart disease, hypertension, osteoporosis, obesity, and mental health problems; and
- **WHEREAS**, regular physical activity may also reduce the incidence of stroke and may help to maintain the functional independence of the elderly; and
- **WHEREAS,** school-aged youth can also benefit from a healthy lifestyle, characterized by fitness activities and the avoidance of drugs and alcohol; and
- **WHEREAS,** increased awareness of the health benefits of regular physical activity and increased access to physical and social environments conducive to physical activity, will encourage people to adopt more active lifestyles;

**NOW, THEREFORE**, I, **Joseph E. Kernan**, by virtue of the authority vested in me as Governor of the State of Indiana, do hereby order that:

- 1. The Governor's Council on Physical Fitness and Sports is reestablished and continued.
- 2. The Council shall coordinate and promote public and private efforts in physical activity and health in order to encourage healthy lifestyles for persons of all ages.
- 3. The Council shall recommend to the Governor guidelines, programs, and activities related to physical activity and health.
- 4. The Council shall consist of not more than fifteen (15) members to be appointed by and serve at the pleasure of the Governor. These members shall represent a diversity of interests relating to fitness and sports in Indiana. The Commissioner of the Indiana State Department of Health shall be a standing member of the Council.
- 5. Each member of the Council shall be appointed to a two-year term. In the event of a vacancy arising on the Council, for any reason, the Governor shall appoint a new member to serve the unexpired term.
- 6. The Governor may appoint to the Council an honorary chairperson for a term of two years. An honorary chairperson may not vote on Council business.
- 7. The Council may, by majority vote, form task forces when necessary to study and make recommendations regarding matters before the Council.

Task force participants, who do not otherwise hold lucrative state offices, may be reimbursed for their actual expenses incurred on Council business in accordance with state law and with the policies of the Department of Administration and the State Budget Agency. Members of the Council may be reimbursed for their actual expenses incurred on Council business in accordance with state law and with the policies of the Department of Administration and the State Budget Agency.

- 8. The Governor shall appoint the chairperson of the Council from among its members. A vice-chairperson shall be elected from among the members of the Council.
- 9. Those persons already appointed to the Council shall continue in office under this Order until completion of their respective terms.
- 10. The Council shall meet at least four (4) times per year.
- 11. Staff may be assigned to assist the Council in carrying out its duties.
- 12. This Order is effective as of September 13, 2003.

IN TESTIMONY WHEREOF, I, Joseph E. Kernan, have hereunto set my hand and caused to be affixed the Great Seal of the State of Indiana on this 1st day of October, 2003.

Joseph Z. Leman.

Joseph E. Kernan Governor of Indiana

ATTEST: Todd Rokita Secretary of State